



## Outpatient Therapy Fees

Individual Therapy	Cost
Counselling session	£114
Specialist Counselling session	£136
Clinical Psychologist session	£198
Occupational Therapy session	£132
Psychotherapy session	£146
Cognitive Behavioural Therapy session	£146
Eye Movement Desensitisation Reprocessing (EMDR) session	£146
Mindfulness Based Therapy session	£146
Dietician session (30 minutes)	£79
Dietician session (60 minutes)	£125
Family and Couple Therapy	
Family Therapy session (60 minutes)	£164
Family Therapy session (90 minutes)	£246
Family Therapy session (120 minutes)	£328
Couple Counselling session (60 minutes)	£158
Depression Treatment	
rTMS session	£225
ECT (Including Anaesthetist Charge)	£975
Massage Therapy	
Massage (30 minutes)	£45
Massage (60 minutes)	£71
Massage (90 minutes)	£97
Massage (120 minutes)	£123
Assessments	
Adult ADHD Assessment	£1,190

### How to fund your treatment?

#### If you self-pay

Nightingale Hospital will bill patients at each session. Payment can be made by credit or debit card.

#### If you are covered by a private medical insurance

Nightingale Hospital is accredited by all major health insurers. Prior to treatment you will be asked to provide policy details, authorisation code and level of cover.

For more details on treatment costs and payment options please call our Patient Services Team  
+44 (0)20 7535 7732 / 7751