

# **NIGHTINGALE HOSPITAL**

Join our team and make a difference



#### **Healthcare assistant: Job description**

**Job Title:** Healthcare assistant

Location: Nightingale Hospital, 11-19 Lisson Grove, Marylebone, London NW1 6SH

**Department:** Nursing

**Salary:** From £27,000 per annum dependent on experience, which includes a London Allowance of £4,000 per annum for all permanent posts (pro-rata for part-time roles)

**Working hours:** Full-time (37.5 hours per week)

Closing date: Ongoing

#### About us

Nightingale Hospital is the only private mental health hospital in Central London, with over 30 years' experience in delivering specialised, evidence-based treatments in outpatient, day patient and inpatient settings. Our dedicated team of specialists are committed to the diagnosis and treatment of all types of mental health conditions, including eating disorders and addictions. Conveniently located, we are a two-minute walk from Marylebone main line and Underground stations, and within a tenminute walk of Baker Street and Edgware Road Underground stations.

We are owned by international medical group, Orpea delivering the full spectrum of psychiatric care, high quality care home and rehabilitation services across the globe.

## **About the role: Healthcare assistant**

The postholder will be required to support the professional and multidisciplinary team in the care of patients and the day-to-day management of the nursing department. In addition, they will be required to provide input with the implementation of specific support tasks with patients and their families. Finally, the successful candidate will provide feedback to other members of the treatment team regarding the progress of patients, under the direction of a qualified nurse.

## Position in organisation

- Reports to the Charge Nurses.
- Liaison at all levels with Consultants, Nursing Services Manager and all multidisciplinary team members.

# Key tasks/Scope of the role

- 1. Nursing
- 2. Clinical governance
- 3. Health and safety
- 4. Administration / Communication
- 5. Professional development
- 6. Other

## **Duties and responsibilities**

## 1. Nursing

- 1.1 To assist members of the multidisciplinary team in the assessment, planning, implementation and evaluation of care for patients.
- 1.2 Participate in the review of patients' care-plans as appropriate in ward rounds, meetings and case conferences, in line with policies and procedures.
- 1.3 Report and record any changes in patients' physical or mental condition to the nurse in charge.
- 1.4 Liaise with other professionals and agencies as required.
- 1.5 To escort patients both internally and externally to the hospital, as required.
- 1.6 To endeavour to develop sound professional relationships with patients; to promote active listening and communicate their needs to members of the multidisciplinary team.
- 1.7 To ensure that confidentiality is maintained at all times in accordance with the company policies, the Data Protection Act 1998 and the Health Records Act 1990.

#### 2. Clinical Governance

- 2.1 To contribute to the hospital wide approach on compliance with legal, regulatory, social and ethical responsibilities.
- 2.2 To be aware of and practice in accordance with Care Quality Commission outcomes.

## 3. Health and Safety

- 3.1 To be aware of and fully understand the Health and Safety policies, adhering to them when carrying out duties.
- 3.2 To bring Health and Safety issues to the attention of the Charge Nurse or nurse in charge.

## 4. Administration / Communication

- 4.1 To be responsible for reading, understanding and complying with all relevant policies and procedures.
- 4.2 To maintain contemporaneous records of patients, record events and observations in patient notes.
- 4.3 To have an awareness of Clinical Governance and work within its framework.
- 4.4 To undertake additional duties, as and when required, as directed by the nurse in charge.

## 5. Professional Development

- 5.1 To participate in training and supervision to support personal CPD and needs of the hospital.
- 5.2 To ensure that mandatory training is undertaken as required.
- 5.3 To participate in the appraisal process in line with hospital policy.

#### 6. Other

- To demonstrate an awareness of customer care and present a positive, courteous and helpful attitude when dealing with colleagues, patients and relatives.
- 6.2 To always present a professional and efficient image.

	Essential	Desirable
Education and qualifications	<ul> <li>✓ NVQ level 1 in basic nursing skills</li> <li>✓ Literacy and Numeracy of a GCSE or equivalent standard</li> </ul>	<ul> <li>✓ Computer Skills at intermediate level</li> <li>✓ PMVA Training</li> <li>✓ Graduate in healthcare or related subject</li> </ul>
Work experience	<ul> <li>✓ Previous experience working with people with mental health problems</li> </ul>	<ul> <li>✓ Experience in specialist service areas such as YPU, eating disorders, addiction or general psychiatry</li> </ul>
Skills, knowledge and aptitude	<ul> <li>✓ Good English         communication skills, both         verbal and written</li> <li>✓ Ability to work as part of a         team</li> <li>✓ Good interpersonal skills</li> <li>✓ Readiness to accept         direction</li> </ul>	<ul> <li>✓ Basic understanding of mental illness</li> <li>✓ Good level of empathy</li> </ul>
Impact on others	<ul> <li>✓ Ability to present self in a confident manner</li> <li>✓ Awareness of effect of self on others</li> </ul>	<ul> <li>✓ Ability to communicate with Colleagues, patients and visitors.</li> <li>✓ Willingness to undertake additional duties dependent upon the needs of the service</li> </ul>
Motivational	<ul> <li>✓ Desire to work in the area of mental healthcare</li> <li>✓ Ability to prioritise tasks</li> <li>✓ Ability to take direction</li> <li>✓ Awareness of the level of the position being applied for</li> </ul>	✓ Interest in training in the field of Mental Health
Requirements	<ul> <li>✓ Regular and punctual attendance</li> <li>✓ Self-identified methods of dealing with stress.</li> <li>✓ Ability to identify situations that can cause stress to self</li> <li>✓ Ability to work day/night/weekend shifts</li> <li>✓ Able to work flexibly to meet the needs of the business</li> </ul>	✓ Ability to work flexibly including overtime if required

Nightingale Hospital reserves the right to vary these duties from time to time or require the job holder to undertake additional duties within their general scope of qualifications, skills and experience.

## **Company benefits**

To reward the hard work of our fantastic colleagues, we offer an excellent benefits package as per the below:

- 25 days' holiday increasing up to 30 days for long service plus bank holidays\*
- A, 'refer a nurse scheme' paying £2000 per successful recruit \*
- Opportunities for continuous professional development (CPD) and training
- Generous Company pension scheme with The People's Pension
- Generous Company sick pay\*
- Annual staff bonus (discretionary)
- Interest Free Travel Loan scheme \*
- Free life assurance cover (4 x salary)
- On-site restaurant with subsidised staff meals at breakfast, lunch and dinner
- Employee Assistance Programme
- An extensive **Perkbox** staff benefits package, offering a comprehensive range of discounts and access to well-being apps
- Free eye tests and contribution towards the cost of glasses (if required)
- Long service recognition\*
- Enhanced maternity/paternity pay\*
- Long-term disability insurance\*

## \*Subject to T&Cs

#### **Requirements for all staff**

**Health and safety:** It is the responsibility of all employees to work together to achieve a safe environment, and to take reasonable care of themselves and others. Of particular importance is reporting all potential risks, incidents and complaints. Specific individual responsibilities for health and safety will be outlined under key responsibilities for the post.

**Equality and diversity:** It is the responsibility of all employees to support the vision of promoting a positive approach to diversity and equality of opportunity, to eliminate discrimination and disadvantage in service delivery and employment. All employees have the right to be treated with dignity and respect at work, and the Hospital will do all it can to ensure this happens through the implementation of and compliance with Equality & Diversity Policies.

**Confidentiality:** In the course of your employment employees will have access to confidential information of a personal and/or clinical nature, including information relating to the hospital patients, employees and other parties. Such information must not be used for the employees' personal benefit, nor disclosed to other persons without consent of the party concerned unless required by law to do so. This applies both during and after the termination of employment. Any breach of confidentiality during employment may be regarded as serious misconduct and could lead to summary dismissal.

**Performance appraisal and development:** The hospital is committed to providing a high-quality service through the effective management and development of its employees. All employees should be dedicated to providing a quality service and Performance Appraisal is of assistance to both employees and managers in allowing comparison between the standards achieved with the standards expected. Appropriate measures can be agreed, and any deficiencies rectified through identification and delivery of personal development needs. In addition to the continuous cycle of performance management, of a formal and informal nature, all employees will receive a formal appraisal of their work, development needs and a review of their thoughts and aspirations on an annual basis.

**Statutory and mandatory training:** It is the responsibility of the individual employee to ensure that all required statutory and mandatory training is undertaken as necessary.

**Safeguarding children and vulnerable adults:** This is a regulated position and the post holder will be subject to an enhanced Disclosure & Barring Service check upon appointment, and every 5 years thereafter.

We are committed to safeguarding children, young people and vulnerable adults within our care. Employees are accountable to ensure that they know how to respond when they are concerned for the safety of a child, young person or vulnerable adult. We will support employees in this process by providing training, support and advice. The hospital has a safeguarding lead who can be contacted for guidance and can provide safeguarding supervision. The hospital works in partnership with key agencies to protect children, young people and vulnerable adults. For children, employees should be aware of their responsibilities detailed in the '4 Local Safeguarding Children Boards Child Protection Procedures' and for vulnerable adults in the Safeguarding Adults Policy.

**Infection Prevention Control:** The hospital has designated the prevention and control of infection and the full implantation of the Code of Practice (2008) as a core component in the organisations clinical governance, managing risk and patient safety programmes. All employees are expected to follow consistently high standards in the prevention and control of infection, especially with reference to hand hygiene, adherence to dress/uniform code and for clinical staff all procedures involving aseptic technique, be aware of and follow Infection Control guidelines and procedures relevant to their work, participate in mandatory training and annual updates. Protecting patients from infection is everyone's responsibility.

**Rehabilitation of Offenders Act 1974:** This post is subject to an exception order under the provisions of the Rehabilitation of Offenders Act 1974. This stipulates that all previous convictions, including those that are 'spent' must be declared. Previous convictions will not necessarily preclude an individual from employment but must be declared in writing at the appropriate stage during the recruitment process.

**Data protection:** As an employer, the hospital needs to keep information about all employees for purposes connected with their employment. The type of information held includes information for payroll purposes, references, contact names and addresses and records relating to employment. These uses are covered by our notification with the Information Commissioners Office under the Data Protection Act 1998.

The information which is held will be for management and administrative use only, but the hospital may need to disclose some information we hold about employees to relevant third parties (e.g. Inland Revenue).

**Records management and quality:** Employees are legally responsible for all records that they gather, create or use as part of their work and they remain the property of the hospital. This includes patient, financial, personal and administrative records, whether paper based or on computers. All such records are considered public records and employees have a legal duty of confidence to all service users. Employees should consult the Records Management Policy and ask for guidance from their manager if they have any doubt about the correct management of records with which they work. All employees have a responsibility to ensure information quality standards are maintained.

**Information security:** Under the provisions of the Data Protection Act, it is the responsibility of each member of staff to ensure that all personal data relating to patients and members of staff, whether held in manual or electronic format, is kept secure at all times. Computer passwords must not be shared either between systems or users. E-mail messages, any files stored on the networks or on equipment and usage of the Internet, and computer systems, irrespective of whether these related to personal use. Access and usage of computers must be in accordance with hospital polices. Safe haven procedures are to be used for all electronic transfers of personal data. This is in order to protect patients and staff, and the hospital's reputation and to ensure that it complies with the law and other relevant guidelines.

**Smoke-free policy:** The hospital operates a Smoke-free policy, except in designated areas. This means that smoking is not permitted anywhere within owned or leased premises, including within grounds unless designated as a smoking area. In the interests of promoting responsible healthcare, all staff are to refrain from smoking when off-site in uniform or wearing an identifying badge in any public place. The policy also applies to all staff employed at any location they may work, whether within or external to the premises. The policy contains further details including support facilities.

**COVID-19 update:** At Nightingale Hospital we are committed to ensuring the safety of our staff and have taken various measures to allow everyone to continue to operate both effectively and efficiently, whilst still remaining safe. All procedures have been evaluated and retrospectively restrictions have been implemented in line with the Hospitals Infection Control Protocol and general government guidelines.

Nightingale Hospital is an Equal Opportunities Employer and ensures equality of opportunity in recruitment, promotion, pay, benefits and training by adopting and following practices that are free from unfair or unlawful discrimination.

All appointments are subject to receipt of a satisfactory Disclosure & Barring Service (DBS) Certificate and pre-employment checks.

I confirm that I agree to the details of this job description as outlined above:		
Full name:		
Date:		
Signed:		