

Truth About Bipolar

Consultant: [Dr William Shanahan](#)

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[Dr William Shanahan](#), Executive Medical Director at Capio Nightingale Hospital shares some expert opinion about Bipolar Disorder or Manic Depression.

[Bipolar Disorder](#) which is caused by a chemical imbalance in the brain and requires treatment to cure is commonly triggered by a serious illness suffered by a relative. General people do not understand [depression](#) and tends to assume the symptoms as usual unhappy moments.

[Dr Shanahan](#) states that if people can learn to look out for the warning signs, it is possible that they can make a full recovery with the help of appropriate mood stabilizing drugs and [psychotherapies](#).

Further Information

[Bipolar Disorder](#)

[Depression](#)

[Addictions](#)

[General Psychiatry](#)

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