

## **The Bipolar Epidemic**

**Consultant: Dr William Shanahan**

**Daily Mail, 19<sup>th</sup> April 2011, Pat Hagan**

[Dr William Shanahan](#), Executive Medical Director at Capio Nightingale Hospital shares some expert concerns on the wide-spread of [Bipolar Disorder](#) or Manic Depression focusing on the case of Hollywood Actress Catherine Zeta-Jones.

[Dr Shanahan](#) states that it is a recent tendency of people to like being labelled [Bipolar](#) which is alarming. He fears that this medical condition is playing into the hands of those who are suffering from Drug or Alcohol problems as [Bipolar](#) symptoms are quite similar to the impacts of [Drug](#) or [Alcohol abuse](#).

[Dr Shanahan](#) insists on the role of drugs in treatment of [Bipolar disorder](#) and explains difficulties of dealing with each patient's individual response towards their fierce mood swings. [Please Read Article](#)

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