

## [Super stress: crumbling under the pressure of the economic crisis](#)

Consultant: [Dr Andrew Parker](#)

London Evening Standard, 9<sup>th</sup> November 2011, Jasmine Gardener

[Dr Andrew Parker](#), a consultant psychiatrist at Catio Nightingale Hospital shared his expert opinion on the [super-stress](#) that is spreading among the city worker.

Research shows that [stress related disorder](#) is now the most common cause of sickness absence from work in the UK. [Dr Parker](#) spoke about the initial signs and reasons behind the [spreading stress](#). He said, "There has definitely been an increase in City workers suffering from [stress](#), and the context is very much around job insecurity and increased pressure." [Please read the full article](#)

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