

Practice Based GP Seminar Request Form 2012

We would like to offer the following FREE mental health presentation(s) to your surgery

Subject	State order of preference
The ABC's of CBT: how, when and why	
Stress and its relationship to sleep and energy	
Understanding panic attacks from a patient perspective	
Treatment of childhood traumas	
Understanding Mindfulness and the supporting evidence for its effectiveness	
Interpersonal Therapy: trust, confidence and self-esteem	
Complex trauma: a case study	
Alcohol - what are the latest pharmacological treatments for alcohol dependence?	
The use of CBT in the treatment of anxiety and depression	
Stress and sexual dysfunction	
Recent advances in psychiatry: Assessment and treatment of ADHD in adults	
Anxiety and depression - recent developments in psychopharmacology	
Resistance and denial in alcohol and drug treatment	
Recent advances in psychiatry: Postmenopausal oestrogen therapy - role in mood & memory	
Bi Polar Disorder: Understanding & Treating Unipolar Depression and Bipolar Depression	
Eating disorders - distortions and body image	
Personality Disorder & depression: mad, bad and sad	
Mental health at work: what GPs need to know	
Women and mental health	
The Management of Borderline Personality Disorder	
Optimising recovery from a major depressive episode	
Alcohol use disorders and tailor-made care (i.e. which treatment for whom?)	
A guide to perinatal psychiatry	
How do adolescents ask for help? Behavioural clues, psycho educating parents & children	
GP interventions in Eating Disorders	
Mental disorder and litigation - a double edged sword	

Date/Month	Time	Date/Month	Time
1.		4.	
2.		5.	
3.		6.	

Please allow an hour for each presentation, which allows time for question and answers

Contact Name:	<input type="text"/>
Practice Name:	<input type="text"/>
Address:	<input type="text"/>
Telephone:	<input type="text"/>
Email:	<input type="text"/>