

[Boom time for therapists as stress soars among young city workers](#)

Consultant: [Dr William Shanahan](#)

The Sunday Times, 6th November 2011, Robin Henry

[Dr William Shanahan](#), the Executive Medical Director and Lead Consultant at Capio Nightingale Hospital provided his expert comment on the recent [stress increase](#) among city workers.

[Dr Shanahan](#) spoke about what might be triggering these cases of premature burnout. He said “It’s a completely different demographic. These patients are the cream of the crop in top-paid jobs but the level of [stress](#) is wrecking their lives.”

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