

## **[Alcohol addiction: know the facts](#)**

Therapist: **[Raymond Dixon](#)**

MSN.com, 7<sup>th</sup> July 2011, Helenka Bednar

[Raymond Dixon](#) a lead therapist [Addiction](#) Therapist at Cadio Nightingale Hospital shares his expert advice about how to spot signs of [alcohol addiction](#).

[Raymond](#) says “A major sign of [alcohol addiction](#) is a loss of control”. He advises the friends and families living with an [alcoholic](#) about how to handle their [alcoholic](#) friend or family member.

[Raymond](#) also explains the availability of wide range of help. **[Please read full article](#)**

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